



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

March 4, 2012 - May 4, 2012 Basketball Gymnasium Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>open @ 7:00am</i>	5:00am - 8:00am Adult	5:00am - 8:00am Adult	5:00am - 8:00am Adult	5:00am - 8:00am Adult	5:00am - 8:00am Adult	<i>open @7:00am</i>
7:00am - 10:00am Adult	8:00am - 9:00am side 1- Open side 2- Family	8:00am - 10:00am side 1- Open side 2- Family	8:00am - 9:00am side 1- Open side 2- Family	8:00am - 10:00am side 1- Open side 2- Family	8:00am - 10:00am side 1- Open side 2- Family	7:00am - 8:30am Adult
	9:00am - 10:00am side 1- Open side 2- Boot Camp		9:00am - 10:00am side 1- Open side 2- Boot Camp			
10:00am-1:00pm Youth Rugby Programming	10:00am-11:30am side 1 - Open side 2- TAN	10:00am-11:30am side 1 - Open side 2- TAN	10:00am-12:00pm side 1-East Bay Works side 2- TAN	10:00am-11:30am side 1- TAN side 2 - APA Class	10:00am-11:30am side 1 - Open side 2- TAN	8:30 am - 4:00 pm Youth Sport Programming
1:00pm-2:00pm Special Olympics						
2:00pm - 3:30pm side1-Youth & Teens side 2- Family	11:30am - 2:00pm Adult	11:30am - 2:00pm Adult	12:00pm - 2:00pm Adult	11:30am - 2:00pm Adult	11:30am - 2:00pm Adult	
3:30pm - 5:00pm side 1- Open side 2- Family	2:00pm - 3:30pm side1- Youth & Teens side 2- Family	2:00pm - 3:30pm side1- Youth & Teens side 2- Family	2:00pm - 3:30pm side1- Youth & Teens side 2- Family	2:00pm - 3:30pm side1- Youth & Teens side 2- Family	2:00pm - 3:30pm side1- Youth & Teens side 2- Family	
<i>close @ 5:00pm</i>	3:30pm - 5:00pm side1- Youth & Teens side 2 -Afterschool	3:30pm - 5:00pm side1- Youth & Teens side 2 -Afterschool	3:30pm - 5:00pm side1- Youth & Teens side 2 -Afterschool	3:30pm - 5:00pm side1- Youth & Teens side 2 -Afterschool	3:30pm - 5:00pm side1- Youth & Teens side 2 -Afterschool	
KEY						
Adult	5:00pm - 6:00pm	5:00pm - 6:00pm	5:00pm - 6:00pm	5:00 pm - 6:00 pm	5:00pm - 6:00pm	4:00pm - 9:00pm
Open Gym	Open	Open	Open	side 1 - Open side 2 - APA Class	Open	Open
Family Gym						
Youth & Teens						
Youth Sports	6:00pm - 10:00pm	6:00pm - 10:00pm	6:00pm - 10:00pm	6:00pm - 10:00pm	6:00pm - 10:00pm	<i>close @ 9:00pm</i>
TAN preschool	Adult Vball League	Adult Bball League	Adult Vball League	Adult Pick-up Bball	Adult Bball League	
After School Program						
Adapted Physical Activity	<i>close @ 10:00pm</i>	<i>close @ 10:00pm</i>	<i>close @ 10:00pm</i>	<i>close @ 10:00pm</i>	<i>close @ 10:00pm</i>	

*****School Vacation / Summer Vacation and Day-Off Policy: When the area schools are not in session due to vacation (daily, weekly or summer) or day off (due to inclement weather), youth members are permitted extended hours. On those days youth hours will begin at 10:00 AM and will end at the normal 5:30PM. Full or half gymnasium may be available. Although the YMCA staff works hard to maintain set schedules, sometimes they must be adjusted for reasons beyond the control of the YMCA. All dates and times subject to change without notice.*****