



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SATURDAYS SPECIALS

## 8:30AM

November 5-*Stacy*, 20-20-20

November 12-*Kara*, Core & Condition

November 19-*Julie*, Step Design

November 26-*Moira*, Mixed Bag

**December 3-Zumba Fundraiser**  
Registration required in office prior to event

December 10-*Ana*, H.I.I.T.

December 17- *Ana*, H.I.I.T.

**\*Zumba Fundraiser-Registration required.**

**All monies raised continue to support the programs of the  
YMCA.**

October 26, 2011