

GYMNASTICS CLASSES OFFERINGS January 2010

MONDAY

9:00 TAN	Bridget Ariel	3:30	Minis Jackie/Alicia	3:30 – 5:30	Level 4 gold	Matt Ariel Nina
9:30 TAN	Bridget Ariel		Beginner 1 Amanda C	3:30 – 5:00	Level 2	Shannon/Brittany
10:15	Minis Bridget Ariel		Intermediate Bridget	5 – 6:30	Level 3	Amanda S/Amanda C/Brittany
11:00	3&4 w/parent Bridget Ariel	4:30	Minis Jackie/Alicia	5:00 – 7:30	Level 5,6 Gold	Nina/Matt Ariel
12:15 – 1:15	Open Fam Bridget		Beginner 2 Kelley		Level 7,8,9	Prep OP Gold, Shannon,,Cybil
5:30 – 7:30	Boys team DAVE	5:30	Intermediate Bridget			
			Advanced Minis Jackie/Bridget			

TUESDAY

9:00	Minis Bridget Ariel	3:00 – 5:30	Level Gold/5 Gold/6	Nina/Matt	Gold/7/8/9 prep Gold	ShannonCybil
10:00	Minis Bridget Ariel	5:30 – 7:30	Level 4/5/6/7/8/prep op	Silver Team	Brittany/shannon	
11:00	Adv Minis Bridget Ariel					
12:15 – 1:15	Open Fam Bridget	4:30	Beginner 1	Bridget/ Brittany		
		5:30 – 7:00	Advanced Girls	Matt Bridget/ Nina		

WEDNESDAY

9:30 TAN	Matt Ariel	3:30	Minis Jackie / Kelley	3:30 – 5:30	Level 4/ gold	Matt/Ariel
10:00	1 & 2 Ariel/Matt w/parent		Beginner 1 Amanda C	3:30 – 5:00	Level 2	/Shannon, Brittany
11:00	1 & 2 w/parent Ariel/Matt		Intermediate Bridget	5 – 6:30	Level 3	Amanda S Brittany AmandaC
12:15 – 1:15	Open Fam Ariel		Beginner 2 Kayla	5:00 – 7:30	Level 7,8,9 prep op	Gold Shannon, Cybil
		4:30	Minis Jackie/ Kelley			
			Beginner 2 Kayla			
5:30	Beginner Boys MattNina Ariel		Intermediate Bridget			
6:30	Intermediate Boys Matt/Nina					
5:30 – 7:30	boys team DAVE	5:30	Advanced Minis	Jackie/ Bridget/ Kayla		
7:30 – 9:30	Open Adult DAVE					

THURSDAY

9:00	1 & 2 w/parent Ariel/Matt	3:30	Beg 2	Brittany	3:00 – 5:30	Level 5/6 Gold	Matt Nina
10:00	1 & 2 w/parent Ariel/Matt	4:30	Beg 1	Brittany	7/8/9 prep op	gold	Shannon, Cybil
11:00	1 & 2 w/parent Ariel/Matt						
12:15 – 1:15	Open Family Ariel				5:30 – 7:30	Level 4/5/6/7/8/prep op	Silver Brittany Shannon

FRIDAY

9:00	Minis Shannon/Brittany	3:30	Minis Lori/Kelley	3:30 – 5:30	Level 4 gold	Ariel/Matt
10:00	1 & 2 w/parent Shannon/Brittany		Beginner 1 Amanda C		Level 6,7,8	Prep Make Up Shannon
CANX 11:00	1 & 2 w/p Shannon/Brittany	4:30	Int Minis Lori/Kelley			
12:15 – 1:15	Open Family Maria		Beginner 2 Amanda C			
		5:30	Advanced Minis	Amanda C/Kelley		

SATURDAY

CANX 9:00	Adv Minis Amanda/Kelley	10:00	Beginner 1 Kelley Lindsey C	8:00 – 10:00	Level 4/5	Matt/Ariel /Lindsey C
10:00	Minis Amanda/Bridget	11:00	Beginner 2 Lindsey C			
11:00	Minis Amanda Bridget	11:00 – 12:30	Advanced Kelley	10:00 – 12:00	Level 6	Matt
		12:00	Intermediate Lindsey C		7/8/9prep op	gold Cybil/Ariel
12:00	Int Minis Amanda/ Bridget			12:00 – 2:00	OPEN TEAM workout	Matt/Ariel
					\$5.00 card at Key Desk	