

Healthy Family Week

November 24th to 29th

MACCOLL YMCA SCHEDULE OF EVENTS

- Food drive at all sites – donation to local churches and Food Pantries
- Healthy Foods Thanksgiving Feast (Kindergarten Classes)
- Healthy snack and drink samples at all childcare sites
- Fall Family Fitness Fun Day (enjoyable & educational day to learn about good nutrition & being physically active)

- Family Polar Express Trip (ride the Blackstone valley train)
- Capture the Season (Holiday Family Photographs with craft tables and literature on healthy choices.

Bob Cioffi – Executive Director

MacColl Field YMCA

www.goymca.com

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